

Caregiver Appreciation Day - March 3rd, 2025



Caregiver Appreciation Day is observed on March 3rd every year. The day aims to honor, appreciate, and thank the selfless caregivers who give their time and effort to care for those in need. Caregivers cater to people with different conditions such as those living with disabilities, illnesses, and the elderly. Did you know that around 40 millions caregivers provide care to 16.6% of Americans in the U.S.? Yes, caregivers play an essential role in providing care and today is a reminder to recognize and celebrate all these professionals who are doing an amazing job.

This day of recognition is for both paid and unpaid caregivers. We believe unpaid caregivers, deserve even more special recognition. They silently go about the task of supporting someone in need, most often a family member. They give their time freely, and often spend their own money in doing so. It can be a thankless task... without even a thanks from the person being cared for or other relatives who find countless reasons not to help.

Some interesting facts about caregiving:

- Relationships suffer because of caregiving. One out of every four caregivers feels that caregiving affects their family relationships.
- They work many hours. More than half of the caregivers provide more than 10 hours of care each week.
- Caregiving can be costly. Caregivers spend a lot when caring for distant families.
- Caregivers are not young. Most caregivers are 45 to 64 years of age.
- Caregiving is a vast field. Caregiving is not just physical support; emotional support is also a part of caregiving.

Superior Home Care wishes to thank all of our wonderful caregivers!

We appreciate all that you do!

CLIENT HOSPITALIZATION

When a client is admitted to the hospital, a PCA cannot work as a PCA. This is double billing and is not allowed, per state guidelines. It is imperative that SHC is notified when a client is admitted to the hospital. It becomes a red flag when a PCA documents time worked with a client during the same timeframe the client was hospitalized. A PCA may submit hours worked with a client up until the time of hospital admission. We need the date and time the client is admitted to the hospital and we also need the date and time the client is discharged from the hospital. You can call the office and speak with any of our staff at:

952-898-4911

or email; <u>lisa@superiorhomecare.org</u> with the dates and times of admission & discharge.

Daylight savings begins on Sunday, March 9th, 2025 at 2:00 AM!



Mark your calendars!

Lakeville Mini Citywide Blood Drive Tuesday - April 8th, 2025 @ 9 AM - 4 PM Antlers Park Hennen Pavillion 20141 Ipava Avenue Lakeville, MN 55044



Every two seconds someone in the U.S. needs blood. It is essential for surgeries, cancer treatment, chronic illnesses and traumatic injuries. Whether a patient received whole blood, red cells, platelets or plasma, this lifesaving care starts with one person making a generous donation.

- * One donation can help save up to three lives.
- * Blood and platelets cannot be manufactured; they can only come from volunteer donors.
- * Approximately 29,000 units of red blood cells are needed every day in the U.S.
- * A single car accident victim can require as many as 100 units of blood.

SHC will give a \$10 gift card to anyone who donates blood on April 8th. Bring proof of your donation to receive a \$10 gift card to Starbucks or Dairy Queen.

Free Tax Help Available

You may qualify for free tax return preparation through Volunteer Income Tax Assistance (VITA) or AARP Tax-Aide. These programs help prepare federal and state income tax and property tax refund returns. You may qualify for free tax preparation for your returns at the VITA site if any of the following are true:

- → You are age 60 or older.
- → You are a person with a disability.
- → You speak limited or no English.
- → Your annual income is less than \$67,000.

For more information, go to: www.revenue.state.mn.us Search: free tax preparation help

In-person assistance will be available at these area sites:

DC Library - Apple Valley

14955 Galaxie Ave, Apple Valley Thursdays, 9:30 AM - 1:30 PM Appointment Required 952-891-7045 - Option #3

DC Library - Burnsville

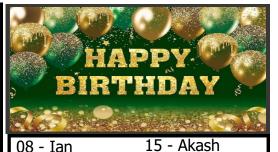
1101 W. County Rd. 42, Burnsville Thursdays, 10 AM - 2 PM Appointments Required 952-891-0300

Prior Lake Library

16210 Eagle Creek Ave. SE Tuesdays, 9:00 AM - 11:30 AM Appointment Required 612-440-7377

Shakopee Community Center

1255 Fuller St. S. Wednesdays, 9:00 AM - 11:30 AM Appointments Required 612-424-1749



16 - Patsv 09 - Shirlev 16 - Rav 09 - Simone 17 - Alexa 23 - Stone 10 - Frederick 10 - Jozeph 23 - Marv 10 - Kate 23 - Tigist 12 - Olivia 24 - Yachin 12 - Khursheed 25 - Tiana 13 - Deja-Nae 25 - Julian 13 - Laurie 14 - Lilly 27 - Precious 28 - JoEllen 14 - Like 30 - Ina 14 - Maverick

15 - Kerry











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