APRIL 2025 NEWSLETTER

World Autism Awareness Month



April is World Autism Month, a time to promote autism awareness, acceptance, and inclusion. Autism is a complex neurodevelopmental disorder that affects communication, social interaction, and behavior. World Autism Month was first observed in April 2008 by Autism Speaks, an advocacy organization dedicated to promoting solutions for individuals with autism and their families.

Autism is a spectrum disorder, which means it affects individuals in different ways and to varying degrees. Some common characteristics of autism include: Difficulty with social interaction and communication. Repetitive behaviors and routines. Sensory sensitivities. Difficulty with transitions and changes in routine. Intense interests in specific topics or activities.

The primary goals of World Autism Month are to raise awareness, promote acceptance, and support individuals with autism. By increasing awareness and understanding of autism, we can reduce stigma and discrimination against individuals with ASD and their families, and promote acceptance and inclusion into our communities.

There are many ways to support individuals with autism. Provide clear and consistent communication. Create a structured and predictable environment. Offer sensory –friendly spaces and accommodations. Encourage and support the development of individual interests and strengths.

EVV COMPLIANCE

KNOW THE RULES!

*LOCATION must be turned on within the PAVILLIO app. This is a DHS requirement. *EDITING your own shift is <u>NOT</u> allowed per DHS. <u>PCA's MUST</u> let Superior Home Care know of any clock in/out adjustments. The date and clock in/out to be changed can be emailed to Lisa or Mary G. You can also call the office and speak with either of them. *ALL SHIFTS must be <u>COMPLETELY SIGNED OFF</u> by both PCA & Client/ Responsible Party by the Monday indicated on the 2025 Payroll Schedule. <u>Any unsigned</u> <u>shifts will be paid during the next pay period.</u> If you need a new payroll schedule, please let us know. We would be happy to send you one.

*We understand that there have been issues with the app; however, it is essential that you communicate with SHC any problems you encounter rather than risking non-compliance.

In The Know With John ...

Minnesota Color

In Minnesota, April marks the arrival of early spring flowers. You may see crocus, snowdrop, and pasque flowers push through melting snow, bringing vibrant color to the landscape. Tulips and daffodils begin to bloom as temperatures rise. Native wildflowers like bloodroot and hepatica also emerge, signaling the start of the growing season and adding beauty to gardens and woodlands across the state.

Article Submitted to SHC by Client John

Mark your calendars!

Lakeville Mini Citywide Blood Drive Tuesday - April 8th, 2025 @ 9 AM - 4 PM **Antlers Park Hennen Pavillion** 20141 Ipava Avenue Lakeville, MN 55044



Every two seconds someone in the U.S. needs blood. It is essential for surgeries, cancer treatment, chronic illnesses and traumatic injuries. Whether a patient received whole blood, red cells, platelets or plasma, this lifesaving care starts with one person making a generous donation.

* One donation can help save up to three lives.

* Blood and platelets cannot be manufactured; they can only come from volunteer donors.

* Approximately 29,000 units of red blood cells are needed every day in the U.S.

* A single car accident victim can require as many as 100 units of blood.

SHC will give a \$10 gift card to anyone who donates blood on April 8th. Bring proof of your donation to receive a \$10 aift card to Starbucks or Dairy Queen.





Happy BIRTHDAY	
01 - Hope 03 - Paul 05 - Jane 07 - Bissii 07 - Choiwah 08 - Tonya 09 - Lisa 10 - Naranjan 10 - Ha 11 - Daniel 11 - Daniel 11 - Meti 13 - Jennifer 14 - Kelly 15 - Virgil 16 - Jean 16 - Kyri	 18 - Senna 18 - Motee 19 - Abrehet 19 - Douglas 19 - Arlyce 20 - Noeuth 20 - Barbara 21 - George 21 - Elizabeth 22 - Brenda 23 - Edwin 23 - Sandra 27 - Aimee 27 - Lisa 30 - Nadia

Farm Babies at the Minnesota Zoo

Come and celebrate the Minnesota Zoo's 25th anniversary of their Farm Babies exhibit. See the baby goats, lambs, llamas, cows, chicks, and pigs! This fun and adorable experience is included in general admission.

DATES 4/29/2025 - 6/4/2025



RATES

 Children (2 & under)
 FREE

 Children (3-12)
 \$17.9
 Adults (13-64) Adults (65+) Members -

\$17.95 23.95 \$21.95 FREE



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