



NOVEMBER 2024 NEWSLETTER



It's the time of year when we celebrate the holiday of Thanksgiving - a time to reflect on the many things for which we are thankful. Gratitude can turn a negative into a positive. Find a way to be thankful for your troubles and they can become your blessings.

Make it your November mission to look for opportunities to say "thank you." Take notice of things your family does that frequently go overlooked. Pay close attention to those around you who are serving in one way or another and tell them thanks for doing a great job. If you see someone in uniform (police, fire, military personnel, etc.), tell them how much you appreciate their service. Express your gratitude to someone in the workplace whose hard work normally goes unnoticed.

The Superior Home Care Staff would like to take this opportunity to thank all of our clients for allowing us to be your Home Care Agency. We are honored that you have put your trust in us. We are also grateful for our employees who do such a wonderful job of meeting the needs of our clients. Their patience and compassion are key to making our clients feel well cared for and safe in their homes.

OPEN ENROLLEMENT - HEALTH BENEFITS

ATTENTION

Open enrollment for health benefits for eligible employees will be in November. The MEC (Minimal Essential Coverage) plan coverage will begin on December 1, 2024.

To be eligible, you must consistently work a minimum of 30 hours per week. If you have any questions or would like to enroll, please contact Mary in HR:

mary@superiorhomecare.org or 952-898-4911



**Our office will be closed on
Thursday, November 28th
for Thanksgiving.**

Have a happy and safe holiday!

Natural gas leaks can be hazardous. Natural gas has a distinctive, strong odor, often compared to rotten eggs or sulfur. Natural gas vapors are lighter than air and will generally rise and dissipate. They may gather in confined spaces and travel to a source of ignition. While natural gas is non-toxic, in high concentrations, it may cause dizziness or asphyxiation without warning.



What to do if you smell natural gas inside your home or building:

*Leave immediately on foot! Do not use electric switches, telephones (including cell phones), drive or start a car or anything that could cause a spark.

*Go directly to a safe location, on foot, and call both CenterPoint Energy and 911. Do not use email or the Internet to contact the company about a leak, and never assume someone else has reported the leak.

*Alert your neighbors. CenterPoint Energy checks suspected natural gas leaks at no cost to you.

*Never try to repair a natural gas leak yourself. Leave all repairs to a trained technician.

What to do if you are outside and smell natural gas:

*Leave immediately on foot! Do not use electric switches, cellular devices, start or drive a car or anything that could cause a spark. Move in an upwind direction away from the leak or vapor cloud where you can no longer smell gas and maintain a safe distance.

*Go to a safe location and call both CenterPoint Energy & 911. Warn others to stay aware from the leak.

Contact CenterPoint Energy @ 612-372-5050 or 800-296-9815

Local Happenings....

Fare for All - Wednesday, 11/20/24 - 3 PM - 5 PM

Diamondhead Education Center (door 11)
200 W. Burnsville Parkway
Burnsville, MN 55337



Winter Lighting Ceremony - 11/27/2024 @ 6 PM

Nicollet Commons Park
12550 Nicollet Ave
Burnsville, MN 55337



Join the Burnsville Community Foundation with Santa, Mrs. Claus and Mayor Kautz for this seasonal tradition as we turn on the amazing lights in Burnsville's Heart of the City. Come see over 200,000 mini lights, 230 streetlight snowflakes and a 30 foot-tall-tree, as it illuminates the night and kicks off the holiday season.

Military Appreciation Dinner - 11/08/2024 - 6 PM - 9 PM

FREE to each Veteran & one guest.
Trinity Evangelical Free Church
10658 210th St.
Lakeville, MN 55044



To register online for this event - go to:

www.lakevillebusiness.com/659/Military-Appreciation-Dinner-November-8-



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|----------------|----------------|
| 01 - Karen | 13 - Theodore |
| 03 - Stephanie | 13 - Fouad |
| 04 - Michele | 15 - Remy |
| 05 - Jodie | 15 - Amanda |
| 05 - Timothy | 16 - Ragaa |
| 05 - Chantal | 17 - Ava |
| 05 - Amina | 18 - Mary |
| 06 - Bradley | 19 - Joanna |
| 07 - Liubov | 21 - Casey |
| 09 - Mebrahtu | 24 - Cheryl |
| 09 - Rami | 25 - Timmy |
| 10 - Mary | 25 - Mariah |
| 10 - Skye | 25 - Ninner |
| 11 - Admira | 26 - Alexander |
| 12 - Cody | 27 - Miguel |
| 12 - Elisabeth | 28 - Lloni |
| 12 - Nicolette | 28 - Catherine |



Get ahead of flu season. Schedule a *FREE flu shot with your neighborhood pharmacy team. *No cost to you with most insurance.

Thanksgiving Word Search

R E L A T I V E S T I F S M F
P N R E U K S S N C H A O E A
X I E F B O B E T I L A A O S
O B L Z Y O L T U R K S N T D
W R Y G I C E T R E T P U K Y
T S E V R A H L K N Y F M L S
Y V A R G I M E E N F T I U N
S Q U A S H M R Y I W M A R P
F A L L P R A S N D A L O B A
R M H T N B A G C F A C E K I

cook
corn
dinner
fall
family
feast
food
gravy
harvest

maize
pilgrims
pumpkin
relatives
settlers
squash
stuffing
thanks
turkey



SUPERIOR HOME CARE



10597 165th Street West, Lakeville, MN 55044
Phone: 952-898-4911 Fax: 952-898-3088
Email: info@superiorhomecare.org
www.facebook.com/superiorhomecareinlakevillemn/