



FIRE PREVENTION MONTH



In a fire, mere seconds can mean the difference between a safe escape and a tragedy. Fire safety education isn't just for school children. Teenagers, adults, and the elderly are also at risk in fires, making it important for every member of the community to take some time every October during Fire Prevention Week to make sure they understand how to stay safe in case of a fire.

When it comes to keeping our families and homes safe, there are many other steps we can take to prevent fires. Make sure smoke detectors and carbon monoxide detectors are working. Place a fire detector on every level of the home and test them monthly. Replace batteries annually. Get a fire extinguisher and make sure it's not outdated. Most fire extinguishers have an expiration date. Place one on each floor of the house and in the garage, too. Flames shooting up from your stove or grill are a frightening experience, but you can avoid disaster. It's also important to know how to use one. The National Safety Council recommends this acronym, PASS to remember the steps.

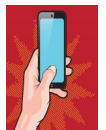
- Pull the pin.
- Aim low at the base of the fire.
- Squeeze the handle slowly.
- Sweep the nozzle side to side.

Have an escape plan. Practice fire drills with your family and make sure everyone knows where to go depending on where the fire is in the home. Have at least two ways to get out of the house, too. Set a meeting place for everyone.

In the event of a house fire, do not try to salvage items before leaving the house. Personal effects can be replaced, but lives cannot. Instead, keep valuable documents in a fireproof box for recovery later. Follow these tips and work with your family to implement safety precautions. Practice fire safety all year long and not just once a year.

EVV (Electronic Visit Verification)– Official Roll Out

SHC will be starting the state mandated EVV process. The official start date with DHS is January 1st, 2023. Watch the mail, your email and our website for more information. SHC **MUST** have an email for the Client/Responsible Party & PCA to use EVV.



PCA Policy Reminders...

Any employee that has not submitted hours for 120 days or more **MUST** have a new background check run before they can return to work with their client. If hours are submitted without a current background study on file, the PCA will not be paid.

Per the State of Minnesota, PCA's must submit time and activity documentation to the provider within 30 days of working. If we do not have timesheets during this timeframe, you will not get paid until we get reimbursement from the State. This could take up to 6 weeks. We greatly appreciate your cooperation!





Let's put a STOP to bullying!!!

October is National Bullying Prevention month. Cyberbullying is at an all time high due to social media. As parents, we can create trust with our kids by being open and having honest discussions about cyberbullying. This gives us an opportunity to establish rules for appropriate online behavior. Here are a few ways we can support our kids;

Notice: Recognize if there has been a change in mood or behavior around a child's use of their digital devices.

Talk: Ask questions to learn what is happening, how it started, and who is involved.

Support: Peers, mentors, and trusted adults can sometimes intervene publicly to positively influence a situation where cyberbullying has occurred.

Document: Keep a record of what is happening and where. Take screenshots of harmful posts or content if possible.

Report: Most social media platforms and schools have clear policies and reporting processes. If a classmate is cyberbullying, report it to the school. You can also contact apps or social media platforms to report damaging content and have it removed.

Learn more on StopBullying.gov



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|---------------|----------------|
| 1 - Bloteh | 14 - Brianna |
| 1 - Dennis | 14 - Ashley |
| 1 - Matthew | 15 - Autumn |
| 2 - Sherry | 15 - Anna |
| 2 - Laurie | 15 - Lana |
| 3 - Brittany | 15 - Cynthia |
| 5 - Amanda | 16 - Han |
| 5 - Vanessa | 17 - Diane |
| 6 - Kelly | 18 - Preston |
| 7 - Angela | 18 - Rafah |
| 7 - Cynthia | 18 - Parvinder |
| 7 - Shaelynn | 19 - Desiree |
| 8 - Nicole | 19 - Nora |
| 9 - Sokheang | 19 - Sheila |
| 9 - Kevin | 20 - Anisa |
| 10 - Son | 20 - Rossco |
| 10 - Xuyen | 20 - Wenda |
| 10 - Beth | 21 - Jacinta |
| 10 - Cameron | 21 - Warren |
| 11 - Hain | 25 - Sheryl |
| 12 - Mary | 26 - Zumra |
| 13 - Mary | 28 - Anne |
| 13 - Jeanette | 28 - Mitchel |

Did you know???



Candy corn was originally called "Chicken Feed."

We know this doesn't really help candy corn's case but the love-it-or-loathe-it treat was originally marketed as "Chicken Feed" when it was first popularized around the end of the 19th century.

Fare for all will be at the Burnsville Senior Center on 10/19/2022 from 3pm-5pm. Remember to bring your EBT card for greater savings! This is a great service on quality food. The staff even brings your food out to your car.

There is a new program going on between the Farmers Market and the SNAP program. Now through 10/31/2022, you can get \$30 for the cost of \$10 in EBT. All you need to do is go to the Farmers Market stand and present your EBT card. They will deduct \$10 and in turn give you \$10 of tokens and \$20 of Market Bucks that can be used at most stands at the market. There is only one discount per day.

Severs Fall Festival is another fun activity to do. It is open on Saturdays and Sundays from 10am - 7pm. There are many activities to do on the farm. There's a petting zoo, train rides, corn maze and corn pit to name a few. Severs is located at: 3121 150th St. W., Shakopee, MN

Client - Jim

WINNERS

We have drawn 3 winners for the employee survey's that were mailed out this summer and returned to the office by our PCA's!

- Congratulations to our 3 winners!!
- \$100 gift card- Guadalupe B.
- \$50 gift card - Tim B.
- \$25 gift card - Eman A.

SUPERIOR HOME CARE



ACCREDITED BUSINESS



10597 165th Street West, Lakeville, MN 55044
Phone: 952-898-4911 Fax: 952-898-3088
Email: info@superiorhomecare.org
www.facebook.com/superiorhomecareinlakevillemn/