

### **Updates at SHC Office**

We are sad to announce that we have said goodbye to two of our office staff members, Kris in Human Resources and Cindy our QP. We are so grateful for their years of service and dedication to the company. We wish them both our very best as they move forward. Thank you Kris and Cindy!

We welcome to our company the following office staff:  
Lana, RN, will be doing some home visits as well as maintaining our 245D program. This is in addition to her duties at Superior Home Care Nursing.  
Kim, RN, brings years of experience in the health care field. She will be supervising our PCA's as well as doing home visits with our clients.  
Ellen is our new scheduler. She will be working with our RN's and scheduling visits with our clients.

Other changes in the office:

Mary H. will be handling the Human Resource duties.

Mary G. is now in the role as Receptionist/Administrative Assistant.



**Our office will be closed Monday, July 4th,  
in observance of the 4th of July Holiday.**

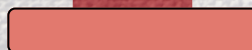
## **July is National Cell Phone Courtesy Month**

Our phones are tools and have become an integral part of our lives. We schedule events, make shopping lists, order gifts, and communicate all from one, small device. Cell phones shouldn't replace every social context in our lives. Below are some universal cell phone etiquette tips to keep in mind:

- Avoid accepting calls or texting during face-to-face conversations.
- Don't talk/text and drive – Hands Free Law in Minnesota since August 2019.
- Put your phone on silent mode in restaurants, theaters, and group settings where a ring tone may be annoying;
- Speak in a soft tone when accepting calls in public.
- Refrain from using speaker phone while in public settings.
- Keep your personal calls private.
- Excuse yourself for important calls when necessary.
- Don't use your phone as a crutch when you're unsure of what to do in social situations.



How often you use your cell phone is up to you. However, when doing so, keep in mind that there is a time and place for it. By following the above cell phone etiquette tips, you can ensure you're not being disrespectful or breaking any rules and are mindful of those around you.



## Community Happenings....

### **Pan-O-Prog** - July 4th through July 10th

This is Lakeville's 56th Annual community celebration. Events include fireworks, carnival, craft sale, cruise night, grand parade and much more!

Go to: [www.panoprog.org](http://www.panoprog.org) for more details.

### **Story Trails in the Park** - Tue, July 12, 9 – 11 AM

Invite your family and friends to take a walk on our trails. Read from giant picture book pages displayed in the park. This program is in conjunction with the Heritage Library. This will take place at: East Lake Community Park in Lakeville.

### **Leprechaun Days 2022** - July 23 through July 30th.

Leprechaun Day's is Rosemount's summer festival. During the festival, residents and visitors can participate in a variety of events capped off by our Mid-Summer Fair the last weekend of July.

### **Fare For All** - Burnsville Senior Center

Wednesday - July 27th, 2022 - 3pm-5pm

Remember to bring your masks.

### **Burnsville's "Flicks on the Bricks"**

FREE movies this summer held at Nicollet Commons Park. The schedule includes:

July 8 "Raya and the Last Dragon" (PG)

July 29 "Space Jam: A New Legacy" (PG)



Until next month ... Jim (client)



01 - Nermin	18 - Colton
02 - Fatira	19 - Florence
02 - Kristine	19 - Stephen
04 - Lynn	20 - David
04 - Amelia	20 - Martha
05 - Heidi	21 - Anthony
06 - Michelle	21 - Laurie
06 - Bari	21 - Tresha
07 - Denise	22 - Douglas
08 - Hunter	24 - Mason
09 - Asha	26 - Tete
10 - Hien	26 - Andrea
10 - Rosa	26 - Esther
11 - Quinnan	27 - Rebecca
13 - Carol	28 - Logan
15 - Ramona	29 - Brian
15 - Maya	29 - Aiden
15 - Berndt	30 - Barbara
15 - Susan	31 - Wafaa
15 - Kailee	31 - Ray

## 4th of JULY Trivia Challenge

- When were fireworks first used to celebrate Independence Day?  
A) 1777 B) 1906 C) 1927 D) 1976
- Which country gave America the Statue of Liberty?  
A) England B) Russia C) France D) Spain
- When did Congress declare the 4th of July a national holiday?  
A) 1870 B) 1776 C) 1892 D) 1908
- How many people lived in America on July 4th, 1776?  
A) 2 million B) 1.5 million C) 2.5 million D) 4 million
- Independence Day was first celebrated in what city?  
A) Boston B) Washington DC C) Philadelphia D) New York
- How many hot dogs are consumed on average each year on the 4th of July?  
A) 100 million B) 500 million C) 350 million D) 150 million
- How tall is the Statue of Liberty?  
A) 151 feet B) 81 feet C) 113 feet D) 53 feet
- In what pattern were the stars on our first flag?  
A) Square B) Grid C) Lines D) Circle
- How many people signed the Declaration of Independence?  
A) 40 B) 56 C) 32 D) 100
- Who invented fireworks?  
A) Americans B) Chinese C) Japanese D) English



Answers: (1) A (2) C (3) A (4) C (5) C (6) D (7) A (8) D (9) B (10) B

## DID YOU KNOW???



*The Nathan's Famous 4th of July hot dog eating contest began over a century ago.*

According to the company itself, the [first unofficial contest took place on July 4th, 1916](#). The contest, which began with four immigrants competing to determine who was the most patriotic, ended up becoming one of the most widely known July 4th traditions in America.



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