

# **NEWSLETTER**

### October

## NATIONAL FIRE PREVENTION MONTH

October is National Fire Prevention Month and that means it's time for us all to take the precautionary steps to prevent dangerous and life-threatening fires. According to the National Fire Protection Association, seven people die every day from home fires. The winter months see an increase in home fires, deaths and injuries. These are the months when we turn on the heat to keep our homes warm. While we need to keep our homes warm, there are steps we should take to prevent a fire:

- Make sure your heating source is well maintained.
- Don't store items near your heating source.
- Make sure draperies and furniture and other combustible items are kept far enough away from a heating source.

Other causes of fire include:

- Kitchen Do not leave burners or grills unattended. Use proper equipment and keep dish towels, clothing and other items away from heating elements and open flames.
- Candles Never leave a burning candle unattended.
- Smoking Unattended cigarettes or overly full ashtrays start fires. Curious children might play with matches or lighters. Keep them out of their reach! More National Fire Prevention Month tips:
- Make sure smoke detectors and carbon monoxide detectors are working. Place a fire detector on every level of the home and test monthly. Replace batteries annually.
- Get fire extinguishers. Place one on each floor of the house and in the garage. Know how to use them.
- Have an escape plan. Practice fire drills with your family and make sure everyone knows where to go depending on where the fire is in the home. Have at least two ways to get out of the house. Set a meeting place for everyone. In the event of a house fire, do not try to salvage items before leaving the house. Keep valuable documents in a fireproof box for recovery later.

### **Superior Home Care's Automobile Policies**

Superior Home Care offers a service to our clients that allows PCAs to provide transportation. PCAs can use the client's car or their own personal vehicle. If the PCA uses their own car, the client is obligated to pay mileage at the rate of \$.50 per mile. *This is to be paid in full to the PCA during the shift when transportation is provided.* Subsequent trips cannot be provided until the previous mileage is paid. Also, when a PCA is the driver, the client can be the only passenger in the car.

In order for PCAs to transport a client, they must provide SHC with a signed waiver of responsibility and a current copy of their insurance card. PCA must also provide a driving record to SHC. Most auto policies issue new cards every

6 months. A copy of this updated card needs to be sent to SHC for the employee's file in order for the employee to continue to transport their client.

**HAPPY HALLOWEEN!** 

Hi all! Another month has gone by very fast and it's time for Halloween! Here's some fun Fall outings you may want to check out:

- ★ Applewood Orchard, a one stop shop for you. They have pumpkins, apples and a large corn maze. The address is: 22702 Hamburg Ave in Lakeville. This is a free event!
- ♦ Capable Partners is having a deer hunt on October 23rd. It will be at Vermillion Highlands WMA in Rosemount. Registration is required by October 20th. Go to their website: www.capablepartners.org or contact Gregg Runyon at 763-267-7271.
- → Halloween Fest on the Go will be held at Lac Lavon in Burnsville on Friday, October 29th. Boys and ghouls of all ages are invited to this family-friendly event that includes a drive-thru illuminated trick or treat trail, music and entertainment. Costumes are highly encouraged. Cost is \$10 per vehicle. Space is limited and you must register at: www.burnsvillemn.gov.

Until next month ... Jim (client)

# HALLOWEEN WORD SEARCH

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BATS
BLACK CAT
BOO
CANDY
COSTUME
FRIGHTENING
GHOST
GOBLIN

HAUNTED HOUSE MASK MONSTER MOON OCTOBER PARTY PUMPKIN SCARY

SKELETON
SPIDER WEB
SPOOKY
TREAT
TRICK
VAMPIRE
WITCH
ZOMBIE



15 - Autumn 01 - Dennis 01 - Matthew 15 - Anna 15 - Cynthia 01 - Hasina 01 - Bloteh 16 - Han 17 - Diane 02 - Laurie 18 - Preston 02 - Sherry 18 - Rafah 03 - Brittney 18 - Fawn 05 - Vanessa 18 - Parvinder 06 - Kelly 19 - Desiree 07 - Angela 19 - Sheila 07 - Cynthia 07 - Shaelynn 20 - Rossco

09 - Kevin 20 - Anisa 20 - Shania 09 - Sokheang 10 - Xuyen 21 - Warren 10 - Foung 21 - Cinta 22 - Cody 10 - Son 10 - Beth 25 - Sheryl 26 - Zumra 10 - Cameron 12 - Mary 28 - Mitchel 28 - Anne 13 - Mary

13 - Jeanette

14 - Brianna

#### Incredible Facts about Minnesota.....

29 - Will

- There are 69,200 miles of rivers and streams in Minnesota. That's enough to circle the equator 2 3/4 times!
- Minnesota produces more turkeys each year than there are people in California, 44-46 million annually.
- Minnésota has over 3 times more white-tailed deer than college students, 1.5 million.
- In 2015, the MN State Fair logged 1,779,738 visitors, enough to fill the new Vikings stadium more than 24 times!

# MONTH

Lisa Cecchini has been selected for Superior Home Care's Employee of the Month for October 2021. Lisa has been a PCA with Superior Home Care for over 2 years. We are grateful for her hard work and dedication.

Thank You Lisa!





## SUPERFOR HOME CARE

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