

A note from Pat Jones

As you already know, our lives have been impacted in ways we never anticipated or imagined because of the COVID-19 pandemic.

I want to thank our PCAs for their courage during this pandemic. **You are amazing!!** You have been willing to work under these circumstances with poise and professionalism despite the fear and anxiety we all are experiencing.

Our lives have been disrupted by this virus, but life goes on. For our clients, just by showing up for work, we provide a sense of normalcy and stability for the ones who depend on us. Hopefully, we brighten their day by being there and greeting them with a sincere smile and a warm hello. Our older population has been identified as high risk, and at this time, they can feel more isolated and lonely. By being there, we can reassure them that their cares can still be done. This is more important now than ever.

At some point, this pandemic will be over, and our lives will get back to normal. The people that we come in contact with will remember how we responded and treated one another during this confusing time with empathy for our clients, PCAs, coworkers, and community.

**You are a star! Thank you for all you do!!**

Our office will be closed on  
Monday, May 27th in  
observance of  
Memorial Day.

Have a safe and happy  
holiday weekend!



Remember -  
our fallen heroes.  
They are the reason  
that we are free.



## This & That....



North Star Neighbor is a new nonprofit organization matching volunteers with seniors or those at high risk of COVID-19. The program makes one-on-one connections between a healthy volunteer who has low COVID-19 risk factors with a senior or other high-risk person in the same community for remote companionship, conversation and help with delivery of groceries or prescriptions.

This is not a government program, just a group of people who want to help others. If you need some help, you can contact 612-430-8899 or [www.NorthStarNeighbor.com](http://www.NorthStarNeighbor.com). If you would like to volunteer, use the same contact information.

National Emergency Library has thousands of online books for you to read for free. Go to [www.archive.org](http://www.archive.org) to checkout the list.



“The Shows Must Go On” is a free musical stream that Andrew Lloyd Webber is doing. A different Lloyd Webber musical streams each week on [The Shows Must Go On!](https://www.youtube.com/channel/UC8jGwLqUv1CQzG1V7jYjWg), a new YouTube channel devoted to this project. Each show goes live on the channel on Friday at 7pm BST (1pm CST) and usually remains viewable for 48 hours afterward. These are tapings of Broadway performances in full-length. If you enjoy musicals, here is a great way to view them.

Go to: [www.youtube.com](https://www.youtube.com) and search: The Shows Must Go On.



Until next month ... Jim (client)

## Did you know...

1 million seconds is about 11 days.

1 billion seconds is about 31.5 years.

## REMEMBER:

Power lines are underground as well.

State law requires anyone planning to dig to contact: Gopher State One Call.



Doing so protects you and your property. Call 811 or visit: [www.gopherstateonecall.org](http://www.gopherstateonecall.org)

Mary Kim has been selected for Superior Home Care’s Employee of the Month for May 2020. Mary has been a PCA with Superior Home Care for 2 years. We are grateful for her hard work and dedication.



**Thank You Mary!**

## MAY BIRTHDAYS



- |                 |               |
|-----------------|---------------|
| 01 - Joey       | 20 - James    |
| 02 - Satyawatee | 20 - Adam     |
| 03 - Pam        | 20 - Callie   |
| 03 - Elizabeth  | 20 - Latesha  |
| 04 - Anna       | 20 - Linda    |
| 05 - Desiree    | 21 - Megan    |
| 06 - Darrell    | 22 - Dorothy  |
| 08 - Patrick    | 22 - Erin     |
| 09 - Jostina    | 23 - Reevu    |
| 09 - Marize     | 23 - Shannon  |
| 09 - Jackson    | 23 - Toan     |
| 09 - Shamiyah   | 24 - Luke     |
| 10 - Betty      | 24 - Niki     |
| 10 - Carla      | 24 - Brittany |
| 12 - Ridwan     | 25 - Joshua   |
| 13 - Keegan     | 26 - Joe      |
| 13 - Lori       | 26 - Suzanne  |
| 13 - Lisa       | 26 - Sovanna  |
| 13 - Vincent    | 26 - Hailey   |
| 14 - Nicholas   | 27 - Maaz     |
| 16 - Jamison    | 27 - Ken      |
| 16 - Alison     | 27 - Norman   |
| 16 - Hannah     | 28 - Michael  |
| 17 - Nancy      | 30 - Sana     |
| 18 - Cindy      | 31 - Debra    |
| 19 - Celestino  | 31 - Josie    |
| 19 - James      | 31 - Michelle |
| 20 - Preston    |               |

Happy  
MOTHER’S  
Day

*to all our wonderful moms!*



ACCREDITED  
BUSINESS



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