



## Night to Shine

Night to Shine is an unforgettable prom night experience, centered on God's love, for people with special needs that are ages 14 and older. The event will take place at more than 350 churches around the world simultaneously on February 9, 2018.

Holy Cross Lutheran Church is sponsoring the Night to Shine event, with sponsorship from the Tim Tebow foundation.

Every guest of Night to Shine enters this complimentary event on a red carpet complete with a warm welcome from a friendly crowd and paparazzi. Once inside, guests receive the royal treatment, including hair and makeup stations, shoe shining stations, corsages and boutonnieres, a short limo ride, a karaoke room, and, of course, dancing! The highlight of the night comes when every one of the Night to Shine guest is crowned a king or queen of the prom!

Gideon, a trained comfort dog, will be on-site to welcome the guests and pose for pictures.

Every guest will leave with a crown or tiara and Night to Shine gift bag!

**Location:**

St. Michael's Lutheran Church  
9201 Normandale Blvd  
Bloomington, MN 55437

**Date/Time:**

Friday, February 9, 2018  
6:00 p.m.—9:00 p.m.

## Key Policy and Procedure Refreshers for the New Year

With a new year underway, we want to remind everyone of some of the key policy and procedures all employees of Superior Home Care must abide by. PCAs, Homemakers, Companions and Respite Caregivers:

- \* are mandated reporters for abuse, neglect and fraud of the MA Program.
- \* may not take their own children with them to work.
- \* may not take their clients to the PCA's home.
- \* may not claim any time that direct services to their client are not provided.
- \* may not sleep on the job (unless authorized overnight respite hours).
- \* may not use their cell phone while working.
- \* may not have visitors while working.
- \* are to notify both their client and SHC if they are not able to make their scheduled shift.
- \* may not work overtime without prior approval.
- \* must notify us immediately if you change your address, phone number or legal name.
- \* may not work when a client is hospitalized or in a rehab facility.
- \* when the PCA is driving the client, no one else can be in the automobile.
- \* may only drive clients that are age 12 and over, for recreational purposes.
- \* must have a copy of their driving record and their current auto insurance card on file with Superior Home Care before transporting their clients.

**KNOW THE  
RULES!**



**HAPPY NEW YEAR!**

**2018**

Love Dogs??? Then there is a fun event to do in St. Paul at the Excel Center. There is a dog show and alot of vendors that sell dog items. This will be held on the weekend of January 6th and 7th from 8am - 5pm. You will see over 1500 dogs and many, many different kinds of breeds.



The St. Paul Winter Carnival has many free fun family activities. The Vulcan slide is one of them. It is located at 1362 Underwood Street, St. Paul, MN 55113. It runs from Friday Jan 26th at 5pm thru Feb 11th. The slide measures 16 feet high and more than 300 feet long. It is open weather permitting. Scheduled hours are 5 to 9 pm on weekdays, 9 am to 9 pm on Saturdays, and 9 am to 7 pm on Sundays (9 am to 4 pm on Super Bowl Sunday).



Check out other activities at [www.wintercarnival.com](http://www.wintercarnival.com)

Fare For All will be held at the Diamondhead Education Center in Burnsville from 3 -5 pm on January 24th.

*Until next month ... Jim (client)*

Some helpful hints:

### Keep ice off your wiper blades

Getting in a cold car isn't the worst part of keeping your car outside in cold weather—frozen windshield wiper blades may take that award. Prevent ice by washing blades with a soft clean cloth doused in rubbing alcohol.



### Water your plants

Let your plants drink up while you take a short trip. All you need is a large container of water and a few pieces of string. Place the water next to your indoor potted plants, and run a piece of wet string from the bottom of the water to each pot, burying the string in a few inches of soil. The string will deliver moisture to the soil as it dries.



## Sandy's Recipe Box

### Stove Top Easy Chicken Bake

1 pkg. (6 oz.) STOVE TOP Stuffing Mix for Chicken  
1-1/2 lb. boneless skinless chicken breasts, cut into bite-size pieces

1 pkg. (16 oz.) frozen mixed vegetables (carrots, corn, green beans, peas), thawed, drained

1 can (10-3/4 oz.) condensed cream of chicken soup

1/3 cup Sour Cream

Heat oven to 400°F. Prepare stuffing as directed on package.

Combine remaining ingredients in 13x9-inch baking dish sprayed with cooking spray; top with stuffing.

Bake 30 min. or until chicken is done.



**Kim Paulseth** has been selected for Superior Home Care's Employee of the Month for January 2018. Kim has been a PCA with Superior Home Care for 1 year. We are grateful for her hard work and dedication. Thank You Kim!



## JANUARY BIRTHDAYS



01 - Sitha	13 - Phu
01 - Maryam	15 - LeRoy
02 - Maggie	15 - Gregory
03 - Suzanne	16 - Taeliana
04 - Kamle	18 - Mykenna
04 - Peggy	19 - Anna
06 - Rigoberto	19 - GiGi
07 - Norma	19 - Pattie
07 - Natasha	20 - Margaret
07 - Christine	21 - Rachel
07 - Salvador	22 - Kayla
08 - Wayne	23 - Chan
08 - Carla	24 - Karyssa
09 - Julius	26 - Ross
09 - Debra	27 - Michael
11 - Rose	27 - Nicholas
12 - Chelsea	28 - Savita
12 - Chai	30 - Ferial

### DID YOU KNOW...

Hershey's Kisses are called that because the machine that makes them looks like it's kissing the conveyor belt.



The longest bout of hiccups lasted nearly 69 years. *Submitted by Sandy (client)*

And now we welcome the new year.  
Full of things that have never been.

- Rainer Maria Rilke  
*Submitted by Sandy (client)*

Did you know that when you donate to PACER that more than 84% of PACER's funds go to its amazing programs! For more information visit: [www.PACER.org](http://www.PACER.org)



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