

## Move Over for Flashing Lights — It's the Law

Emergency responders working on the shoulder of the road have got your back. Do you have theirs?

Minnesota's Ted Foss Mover Over Law was named in honor of the State Patrol trooper who was killed while on the shoulder of I-90 in Winona in 2000. The law states:

- When traveling on a road with two or more lanes, drivers must keep over one full lane away from stopped emergency vehicles with flashing lights activated— ambulance, fire, law enforcement, maintenance, construction vehicles and tow trucks.
- Reduce speed if unable to safely move over a lane.
- Failing to take these actions endangers personnel who provide critical and life-saving services. Fines can exceed \$100.



### DISABILITY LINKAGE LINE

The Disability Linkage Line (DLL) is a free, statewide information and referral resource that provides Minnesotans with disabilities and chronic illness and their families, caregivers or service providers, a single access point for all disability related questions. DLL provides service to the entire state from four locations: Metro, Rochester, Bemidji and Baxter.

The Disability Linkage Line can be reached statewide by calling toll-free, 1-866-333-2465. An option Counselor will be available Monday through Friday during regular business hours (8:30am to 5:00pm) to provide one-to-one assistance to help people learn about their options and connect with the supports and services they choose.



Inquiries include requests for information and referrals on disability benefit programs, home modifications, assistive technology, personal assistance services, transition services, accessible housing, employment, social activities and disability rights.

For people who prefer looking for resources over the Internet, the Disability Linkage Line is a partner in the statewide resource database found at [www.Minnesotahelp.info](http://www.Minnesotahelp.info).



### POLICY REMINDERS

- The PCA and the Responsible Party cannot be the same person.
- The Responsible Party must be at the client's assessment (the county will not do the assessment if the Responsible Party is not present).
- The PCAs and Clients must follow the guidelines set by the state.
- PCAs cannot transport anyone other than the client. Clients must pay mileage if their PCA is using their own car. Each trip must be paid before a PCA can transport subsequent trips.
- If the client wants the PCA to accompany them on outings, the client must pay for transportation for the PCA, such as public transportation and metro mobility.
- Cell phone use for personal reasons is prohibited while on the job.
- PCAs cannot be barefoot while working as a PCA.
- PCAs are in the home to assist the client. PCAs are not there to perform duties that are not related to the client, such as doing laundry for other family members.
- PCAs are not to care for client's pets.
- PCAs may not take clients to their own home.
- PCAs are forbidden to use bleach in client homes.
- PCAs cannot lift over 30 pounds.

### DID YOU KNOW...

The average person spends 6 months of their lifetime waiting on a red light to turn green.



## Happenings in the month of August.....

There are many things to do with Capable Partners.

If you enjoy fishing, on August 3rd there is Pulaski fishing. Please contact Jim Zumbusch at 320-963-5879. August 6th is Minnetonka Fishing with Dave Heidtke, 763-535-2718. There is a Game Fair on August 12th-14th and 19th-21st. For information, call Violet Foster at 763-444-4427 or Dick Ransom at 320-274-5196. ATV rides are also available on August 20th in Isle, MN which is sponsored by IMED Mobility. Call Ken Johnson at 651-792-2079. Lastly, there is an archery deer hunting event at Coon Rapids Dam in Brooklyn Park. Contact Craig Simpson at 763-549-1842. for info.

The Farmers Markets are in full swing:

\*Apple Valley by the library—Saturdays 8:00am-1:00pm

Bloomington Civic Plaza—Saturdays 8am-1pm

\*Burnsville Senior Campus —Saturdays 8:00am-1:00pm

\*Burnsville, Mary Mother of the Church—Thursdays noon-5:00pm

Eagan Central Park—Wednesdays 4pm-8pm

Lakeville Market Plaza—Wednesdays, noon-5:00pm

Lakeville Art Center—Saturdays 8:00am-1:00pm

Minnesota Zoo—Wednesdays noon-4:00pm

Savage Downtown-Sundays 8:00am-1:00pm

\*These Farmers Markets accept EBT-SNAP and Market Bucks. The deal right now is that if you spend \$10 in EBT, you get \$10 in market bucks.

*Until next time.....Jim*



## AUGUST BIRTHDAYS



02 - Rajin	18 - Susan
03 - Ben	18 - Kyle
04 - Gary	18 - Allen
04 - Eleanor	19 - Alan
04 - Nancy	19 - Caroline
04 - Charlene	20 - Winifred
04 - Miles	20 - Kim
05 - Dillon	20 - Rosemary
05 - Alicia	20 - Marcia
05 - Janet	21 - Kayla
06 - Tere-Ka	22 - Rita
07 - Melissa	23 - Myrna
07 - Halimo	23 - Tasha
07 - Sophia	25 - Muhammed
08 - Thu Thi	25 - Joseph
09 - Desirae	26 - Sandra
09 - Sandra	26 - Semyon
10 - Michael	27 - Abigail
11 - Philissa	28 - Stacy
12 - Susan	28 - Abigail
13 - Teairra	29 - Emily
13 - Dianne	30 - Milton
15 - Erin	31 - Gabrielle
16 - Ann	

## River Valley Project Explore

Project Explore is a Community Education Program designed to serve adults with physical, developmental and cognitive disabilities by encouraging inclusion in community activities and providing customized learning, social and recreational opportunities. For over 25 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs. Their mission is to empower adults with disabilities to make valuable contributions to their community as employees, volunteers, learners and citizens.

Project Explore serves Minnesota cities south of the Twin Cities metro including Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Randolph, Rosemount and Savage.

The 2016 catalog is available on line at [district196.org/projectexplore](http://district196.org/projectexplore) (registration tab) or by calling 651-423-7931 to request a copy.



As the end of summer draws near, consider creating a bucket list to make the most of the time that's left! Here are a few ideas to get you started:

- \*Have a water balloon fight
- \*Make homemade popsicles
- \*Mail a letter to someone special
- \*Go to an outdoor concert
- \*Visit a local farmer's market
- \*Go to a park you've never been to before
- \*Go bird watching
- \*Make a bird feeder
- \*Fly a kite
- \*Skip rocks in a river
- \*Make treats for neighbors

**Greta Motzko** has been selected for Superior Home Care's Employee of the Month for August 2016. Greta has been a PCA with Superior Home Care for over 1 year. We are grateful for her hard work and dedication. Thank you Greta!



## It's Fair Time!

Scott County Fair \* July 27-31

Dakota County Fair \* Aug. 8-14

Goodhue County Fair \* Aug. 9-14

Steele County Free Fair \* Aug. 16-21

MN State Fair \* Aug. 25- Sept. 5



If opportunity doesn't knock, build a door.

-Milton Berle-

Submitted by Sandy (client)



ACCREDITED  
BUSINESS



## SUPERIOR HOME CARE

10597 165th Street West, Lakeville, MN 55044

Phone: 952-898-4911 Fax: 952-898-3088

Email: [info@superiorhomecare.org](mailto:info@superiorhomecare.org)