

### **Coronavirus (COVID-19) Emergency Special Enrollment Period (SEP)**

MNsure is offering a special enrollment period (SEP) for qualified individuals who are currently without insurance in response to the potential growth of coronavirus (COVID-19) cases. This SEP will allow uninsured individuals 30 days to enroll in health insurance coverage through MNsure. This SEP runs Monday, March 23 through Tuesday, April 21.

#### **Who Qualifies**

- This special enrollment period is for eligible (/new-customers/who-can-enroll/requirements.jsp) Minnesotans who do not have current health insurance.
- You do not need to be sick to qualify.
- If you are currently enrolled in a plan through MNsure, you cannot use this special enrollment period to change plans.

Contact info for Mnsure: 651-539-2099 or 855-366-7873.

### **IMPORTANT Payroll Reminders**



- \*Timesheets are due in the office on Tuesdays by 4:30PM per your payroll schedule. You may send them in weekly (preferred).
- \*Use only **BLACK** ink when filling out your timesheets!
- \*Do not take pictures of your timesheets! Use CamScanner app or a similar scanner app. SHC needs to have clean, clear copies on file for the State of MN.
- \*Please hold onto your paystubs. SHC does not keep copies.
- \* If you email your timesheets, you will get an email response that your timesheets were received. Please check your email. If no response, no timesheets were received.
- \*If you fax your timesheets, you must call the Office to make sure they were received!

## **NATIONAL MONTH OF HOPE**

With what is going on in the world today, we can all use some hope and inspiration. In the month of April, buds come into full bloom brightening our days, and National Month of Hope also lends a hand in lifting our spirits.

Hope is a powerful force. It can change situations and lives. We have the ability to lend hope and transfer it to others. It's up to us to become hope bearers, educators and hope leaders. The single most important thing that each of us can do for ourselves and for others is to always choose hope over hopelessness.

We are each able to bring a ray of hope in our own ways by contributing wisdom, time, kindness and when possible, donate to charities that make the impossible possible. Being a positive role model in someone's life or lifting the spirits of a friend suffering from a medical issue are examples of bringing hope.

Everyone needs a little hope now and then, so during this time of "Stay-At-Home" and self quarantines, spread a little sunshine and bring some hope into their lives:

- ◆ Experience meaningful and healthy communications with loved ones, family, friends, co-workers and colleagues. Stay in touch!
- ◆ Purchase groceries and pick up medications for at-risk family and neighbors, leaving them on their door step.
- ◆ Send a virtual card.
- ◆ Write letters to residents in nursing homes.
- ◆ While social distancing, clean up areas where there is trash, such as parks.
- ◆ Give food and money to help families in need.
- ◆ Post on social media words of hope.

## This & That....

Well since we are pretty much confined to our houses these days, I came up with some things to do:

You can play card games for free with people over the internet! Go to [www.arkadium.com](http://www.arkadium.com). They have many different games to play with the computer or a real person. There is everything from puzzles, crosswords, poker, bridge and cribbage.



Another fun thing to do is take a virtual tour of National Parks and Monuments. Go to: [www.360parks.com](http://www.360parks.com). You can take a 360 degree tour and panoramic view on your television.



These tours are guided and are very interesting.

360 Communities helps people in Dakota County. They can help locating food and hygiene products. The number is: 952-985-5300.

*Until next month ... Jim (client)*



April Showers Bring May Flowers



## Celebrate Spring Cleaning

### Steps to Clear Out and Clean Up Your Home

1. For each item you own, ask, "Do I love it?" and "Do I need it?" If you can't answer "yes" to either question, toss or donate it.
2. Reduce clutter little by little. Focus on one stack or section at a time.
3. Adopt this motto: A place for everything, and everything in its place. You'll reduce time spent looking for and putting things away.
4. Use bins, drawers, hooks, cupboards, and shelves to keep supplies organized.



Joseline Vega has been selected for Superior Home Care's Employee of the Month for April 2020. Joseline has been a PCA with Superior Home Care for 1 year. We are grateful for her hard work and dedication.



**Thank You Joseline!**

## APRIL BIRTHDAYS



- |               |                |
|---------------|----------------|
| 01 - Cindy    | 13 - Jennifer  |
| 01 - Joni     | 13 - Angel     |
| 02 - Grant    | 14 - Esteisy   |
| 02 - Laura    | 15 - Greg      |
| 03 - Natalia  | 16 - Joseline  |
| 03 - Lynn     | 17 - Neveah    |
| 03 - Ang      | 17 - Abigail   |
| 03 - David    | 19 - Arlyce    |
| 03 - Paul     | 19 - Doug      |
| 04 - Avery    | 20 - Bonnie    |
| 05 - Michelle | 20 - Barbara   |
| 06 - Devoura  | 21 - Elizabeth |
| 07 - Jamie    | 21 - Eileen    |
| 07 - Eman     | 22 - Brenda    |
| 09 - Leann    | 23 - Edwin     |
| 09 - Jeanne   | 24 - Jessica   |
| 09 - Rachel   | 25 - David     |
| 10 - Naranjan | 27 - Caleb     |
| 10 - Deanna   | 27 - Elizabeth |
| 11 - Daniel   | 27 - Lisa      |
| 11 - Susan    | 28 - Kalley    |
| 11 - Monique  |                |



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