



APRIL IS AUTISM AWARENESS MONTH



National Autism Awareness Month represents an excellent opportunity to promote autism awareness, autism acceptance, and to draw attention to the tens of thousands facing an autism diagnosis each year along with the opportunity to highlight the importance of support for research, early intervention, timely diagnosis, and appropriate treatment.

What is autism? Autism is a complex brain disorder that often inhibits a person's ability to communicate, respond to surroundings, and form relations with others. ASD (Autism spectrum disorder) signs typically appear during early childhood and affect 1 in every 68 children in the US. Autism affects people of all racial, ethnic, and socioeconomic backgrounds.

Is it treatable? Autism is treatable. Children do not "outgrow" autism, but studies show that early diagnosis and interventions lead to significantly improved outcomes. Though there is no medical cure for ASD, research shows that frequent treatment and well-rounded therapy is the most effective way to ensure success for children with ASD.

What can I do?

Put on the Puzzle! The Autism Awareness Puzzle Ribbon is the most recognized symbol of the autism community in the world. As a pin, a magnet, a badge or a profile picture on Facebook, get the word out!

Connect with your neighborhood. Many Autism Society local affiliates hold special events in their communities, throughout the month of April. But if you can't find an event that suits you just right, create your own!

Watch a movie. Did you know that something that seems as simple as going to the movies is not an option for many families affected by autism? The Autism Society is working with AMC Theatres to bring special-needs families Sensory Friendly Films. Check with your local AMC theatre to see when the films are offered.

PCA Policy Reminders... *Important*

- When a client is hospitalized or in a rehab facility, the PCA and/or Homemaker is not authorized to work with their client.
- Clients receiving PCA services must accompany their PCA on all errands and outings. Clients receiving Homemaking services may have their worker run errands without them along.
- PCA's cannot work more than 40 hours a week. If you work more than 40 hours a week, you will be volunteering your time and will not be paid by SHC.
- The state requires a new background check for any PCA who has not worked for Superior Home Care in the last 120 days. If you have not worked in the last 4 months or longer, please call Kris in HR to re-establish employment. You cannot work as a PCA without a valid background check.
- Responsible Party and PCA are required to be present on an Annual visit.
- Cell phone use for personal reasons is prohibited while on the job.

TRAINING



Upcoming training in April will be on PCA Orientation/ Timecard documentation.

This class will be offered on April 17th, April 25th and April 30th. It will be online via

Facebook Live and in person at the office. Times to be determined.

Please check our Facebook page and also watch your emails for information on the class times. The link to our Facebook page: www.facebook.com/superiorhomecareinlakevillemn/

For more information, contact Cindy (cindy@superiorhomecare.org) or Ellyn (ellyn@superiorhomecare.org) or call the office at 952-898-4911.



School District 196 is offering adapted swimming lessons for special needs individuals from age 3 to adult. This is a one-on-one class at Scott Highlands Middle School in Apple Valley. The sessions are for eight weeks. It starts on Sunday April 8 thru June 3. The cost is \$115. Call 952-431-8777 or online at www.district196.org/swim.



River Valley Project Explore is having a waffle breakfast to raise money for the program. It will be on Saturday April 14 from 8:30 - 11:30am at Messiah Lutheran Church in Lakeville. The cost is \$9 for adults, \$5 for children and free for under 6yrs. A spring craft fair is also scheduled for April 28 at Valley Middle School in Apple Valley from 10am-3pm.



Fare for All is April 25th from 3-5pm at Diamondhead Education Center in Burnsville. This month they have added back "The Brunch Box", cost \$30. It includes a 5+ lb ham, maple bacon, sausage links, frozen blueberries and strawberries, cinnamon rolls, hash browns and cheese.



Until next month ... Jim (client)

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N S P M G A R D E N J W P K K
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See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

Created by One Linford
Grand Forks Herald 2012

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|------------|---------------|------------|-------------|
| 1. SPRING | 5. SEASON | 9. EQUATOR | 13. FLOWERS |
| 2. VERNAL | 6. EQUAL | 10. SUN | 14. PLANTS |
| 3. EQUINOX | 7. NORTHERN | 11. EARTH | 15. GARDEN |
| 4. MARCH | 8. HEMISPHERE | 12. AXIS | 16. TULIPS |

APRIL BIRTHDAYS



- | | |
|----------------|----------------|
| 01 - Cindy | 13 - Angel |
| 01 - Joni | 14 - Esteisy |
| 01 - Shelly | 15 - Greg |
| 03 - Lynn | 16 - Quing |
| 03 - Ang | 16 - Terri |
| 03 - David | 19 - Doug |
| 03 - Paul | 20 - Bonnie |
| 05 - Michelle | 20 - Barbara |
| 06 - Devoura | 21 - Elizabeth |
| 07 - Jamie | 21 - Eileen |
| 07 - Eman | 21 - Debby |
| 08 - Christina | 22 - Brenda |
| 10 - Ellie | 22 - Kiz |
| 10 - Phavy | 23 - Ed |
| 10 - Deanna | 25 - David |
| 11 - Daniel | 27 - Jeanne |
| 12 - Sophia | 27 - Elizabeth |
| 13 - Jennifer | 28 - Bryana |

April is a promise that May is bound to keep. - Hal Borland -

Sweet April showers do spring May flowers. - Thomas Tusser -

Submitted by Sandy (client)

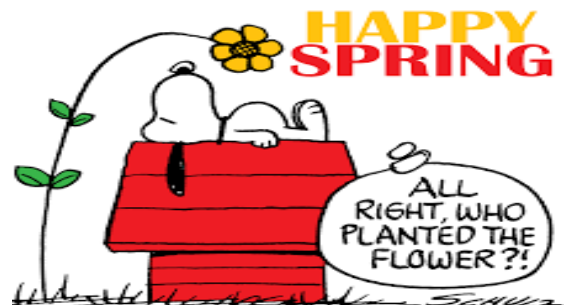
We have 4 cases of Jevity formula (free). If interested, call the office.



Stephen Baldwin worked in a pizza parlor, Jean-Claude Van Damme delivered pizzas, Bill Murray was a pizza maker, Madonna worked at Dunkin' Donuts, Julia Roberts worked in an ice cream parlor, Queen Latifah worked at Burger King, Andie McDowell worked at McDonalds, as did Quintin Tarentino, Jennifer Aniston worked as a waitress in a burger cafe.

There's hope for all of us!

Submitted by Sandy (client)



ACCREDITED BUSINESS



Tatyana Sagan has been selected for Superior Home Care's Employee of the Month for April 2018. She has been a PCA with Superior Home Care for 2 years. We are grateful for her hard work and dedication. Thank You Tatyana!



SUPERIOR HOME CARE

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