

October is National Disability Employment Awareness Month

National Disability Employment Awareness Month (NDEAM) was first established in 1945 by Congress, but called "National Employ the Physically Handicapped Week." In 1988 it became known as: National Disability Employment Awareness Month, and was extended from the first week of October to the whole month.

Held each October, NDEAM is a time to celebrate the many and varied contributions of America's workers with disabilities. The theme for this year, which marks 70 years since the first observance, is "My Disability is One Part of Who I Am."

This year's theme encapsulates the important message that people with disabilities are just that — people. And like all people, we are the sum of many parts, including our work experiences. Disability is an important perspective we bring to the table, but, of course, it's not the only one.



Superior Home Care's Automobile Policies

Superior Home Care offers a service to our clients that allows PCAs to provide transportation. PCAs can use the client's car or their own personal vehicle. If the PCA uses their own car, the client is obligated to pay mileage at the rate of \$.50 per mile. *This is to be paid in full to the PCA during the shift when transportation is provided.* Subsequent trips cannot be provided until the previous mileage is paid. Also, when a PCA is the driver, the client can be the only passenger in the car.

In order for PCAs to transport a client, they must provide SHC with a signed waiver of responsibility and a current copy of their insurance card. Most auto policies issue new cards every 6 months. A copy of this updated card needs to be sent to SHC for the employee's file.

Do Something Nice Day is October 5th



Doing something nice for someone almost always evokes a very pleasant response. At the very least, it results in a smile. More likely, that person will do something nice to, or for you. And, best of all, doing something nice just might be contagious.

In keeping with the spirit of this day, set a goal to do something nice for someone. Perhaps, you can do this for several people. Then, sit back and watch the results!



VISIT TO THE APPLE ORCHARDS



The other night on the news I saw a story about this year's apple crop being the biggest and the best ever. If you like apples like I do, this is a good thing! I am going to give you a couple of local orchards to visit. I am not sure which ones will take your EBT card, but I do know some of them do. These orchards also

offer fresh cider and honey. Some of them offer several other activities such as hayrides and corn mazes. So without using anymore of your time, here are a few local orchards and their phone numbers...



Applewood Orchard - Lakeville (952) 985-5425
 Afton Apple Orchard - Hastings (651) 436-8385
 Fischer Croix Farm - Hastings (651) 437-7126
 Fireside Orchard & Gardens - Northfield (507) 663-1376
 Whistling Wells Farms - Hastings (651) 998-0301

Submitted by Jim (client)



Here's a tasty treat to dip your apples in:
 1-1/4 bag of caramels. Melt slowly in the microwave, 20 seconds at a time, stir. When all melted, add 1 block of cream cheese and mix well. Enjoy!

Submitted by Kris (employee)

Vulnerable Adult Test

If you haven't taken the Vulnerable Adult Test, please do so ASAP! Go to our website, www.superiorhomecare.org. Click on Employment box. Scroll down and click on VAMR box. Read the material and complete the test. Email the certificate to kris@superiorhomecare.org.



to the winners in our employee survey drawings:
 Jamie H., \$100, Susan S., \$50 and Vanessa V., \$25.
 Thanks to all who participated.

Emmanuel Monluo has been selected for Superior Home Care's Employee of the Month for October 2015. Emmanuel has been a PCA with Superior Home Care for over one year. We are grateful for his hard work and dedication.



OCTOBER BIRTHDAYS



- | | |
|---------------|----------------|
| 01 - Dennis | 15 - Autumn |
| 01 - Maxwell | 15 - Muhammad |
| 02 - Laurie | 15 - Cindy |
| 03 - Brittney | 15 - Gabrielle |
| 03 - Monica | 17 - Taylinn |
| 03 - Anne | 19 - Desiree |
| 04 - Bill | 19 - Sheila |
| 05 - Patricia | 21 - Dolores |
| 05 - Vanessa | 21 - Warren |
| 06 - Kelly | 24 - John |
| 06 - Katie | 24 - Ethan |
| 07 - Reynaldo | 24 - Lily |
| 07 - Angela | 24 - Mark |
| 07 - Ramero | 25 - James |
| 07 - Shaelynn | 25 - Alexis |
| 09 - Kevin | 26 - Mary |
| 10 - Mary | 26 - Judy |
| 10 - Beth | 27 - Katie |
| 10 - Monica | 28 - Mitchel |
| 12 - Emily | 28 - Kristine |
| 12 - Jeanine | 28 - Janel |
| 12 - Taylor | 28 - Cheryl |
| 12 - Mary | 29 - Abby |
| 13 - Dedra | 29 - James |
| 13 - Jeanette | 30 - Christine |
| 14 - Jessie | 31 - Jill |
| 14 - Brianna | |



October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book.
 -John Sinor -

Submitted by Sandy (client)



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